




# Riverpoint Campus Healthy Fair 2009

Thursday, October 22  
11:00 am - 2:00 pm  
SAC Lobby

Reserve a time for free cholesterol and blood glucose screening! No fasting necessary. Contact Saren Kennedy at 358-7630 or via email at [saren@wsu.edu](mailto:saren@wsu.edu) to schedule your appointment.

We also offer:

- Blood Pressure
- Body Mass Index
- Waist Circumference
- Body Composition/Body Fat Analysis
- Cholesterol and Blood Glucose\*
- Rockport One Mile Fitness Test



\*Note: Please make sure to drink plenty of fluid and limit caffeine and nicotine prior to this assessment.

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Washington State University Spokane